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## Nebraska Internship Consortium in Professional Psychology Program Overview

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Counseling and Psychological Services, and Omaha Public Schools); Lincoln, NE (Catholic Social Services and the University of Nebraska—Lincoln Counseling and Psychological Services); and Beatrice, NE (Beatrice State Developmental Center).

### *Training Model*

The training model is guided by ecological developmental theory, which recognizes that individuals are in constant interaction with the broader environment and that professional growth and development occurs over time. All interns in NICPP, in conjunction with their training directors, create professional goals and monitor their attainment over the course of the internship experience. As such, the interns' experiences are guided by a set of formal training goals that are developmentally appropriate and that provide a breadth and depth of experiences designed to facilitate the interns' acquisition of their professional career goals.

### *Unique Program Aspects/Training Opportunities*

Interns in NICPP experience psychology across the lifespan. Across the NICPP sites, psychological services are provided to individuals from birth to geriatrics. In order to facilitate training across the breadth of experiences in professional psychology, all interns complete two site visits where they spend at least one day at one of the other sites within NICPP. Additionally, through a series of monthly, coordinated seminars that are held at each of the training sites, interns give case presentations, share training experiences, and participate in lectures on issues in professional psychology. Thus, through a series of coordinated seminars, case presentations, site visits, and goal attainment scaling, training in professional psychology permeates the NICPP interns' experiences.

### *Intern and Resident Placement*

Post-internship placement for interns in NICPP spans multiple settings from university counseling centers to academic positions to private practice in various settings. Within the 2005–2006 internship cohort, 40% of interns accepted postdoctoral fellowships at medical centers, 20% will be postdoctoral fellows at community mental health centers, 16% will be postdoctoral fellows at state or private hospitals, 8% will be assistant professors, 4% will be school psychologists, 4% will be postdoctoral fellows at a university counseling center, and 8% remain undecided.

## **NEBRASKA INTERNSHIP CONSORTIUM IN PROFESSIONAL PSYCHOLOGY**

▪ Susan M. Swearer

### *Program Overview*

The Nebraska Internship Consortium in Professional Psychology (NICPP) is a group of outpatient, inpatient, and school agencies in both rural and urban settings in southeastern Nebraska. The mission of NICPP is to provide an integrated, individually tailored and coordinated series of learning experiences that provide interns with opportunities to (a) practice and expand on previously held knowledge and learned skills; (b) develop new skills and knowledge; and (c) experience professional growth and development, thus contributing to the emergence of a larger pool of competent psychologists trained in the scientist-practitioner tradition.

Each year, approximately 25 interns and 10 to 12 postdoctoral fellows complete training at one of the eight training sites within NICPP. The eight training sites are located in Omaha, NE (i.e., Munroe-Meyer Institute at the University of Nebraska Medical Center, Quality Living, Inc., Girls and Boys Town, Creighton University

***Program Contact Information***

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